



Lynn felt she was destined to live with arthritis and pain forever. She had seen chiropractors for decades and only found short-lived relief. The time between the pain was shortening continuously, and Lynn honestly felt there was nothing else she could do. Lynn and her husband, David, were at a grocery store when she met Joan. Joan began to tell them about Dr. Judge and how he practiced a different chiropractic method, focusing on the upper neck. Lynn had heard of this technique previously, but had little faith. Even her husband was skeptical at first, since other chiropractors were not helping Lynn. However, as they spoke more with Joan, they began to see this might actually be something different than Lynn had ever actually tried before. They made the appointment, with David pushing Lynn into keeping it and giving it a chance. As Lynn had resigned herself to a life of pain, she had doubts Dr. Judge could help. Upon her first visit to Dynamic Life Chiropractic, Lynn saw that both Dr. Judge and Dr. Perkins knew what they were talking about. The staff was friendly and helpful. They helped explain to Lynn exactly how the Blair method works, and how it might benefit her. Lynn decided to give it a try, holding on to a shred of hope that it might actually work.

Lynn definitely experienced a roller coaster of feelings after her first adjustment. Dr. Judge had explained how she would go from feeling great one day to reliving something in the past. She did, in fact, feel her body remembering prior trauma's, from having an ovary removed, to having other various parts of her body hurt for a few minutes and then disappear.

Just a few weeks into treatment, Lynn was already feeling that Dr. Judge was the answer to her prayers. He had not adjusted her nearly as often as she was used to, but she felt better than she ever had. Her pain was disappearing!

Lynn not only wants to tell others about Dr. Judge, Dr Perkins and Dynamic Life Chiropractic, but she wants other Chiropractors to be informed as well. She shares her story enthusiastically with anyone who will listen, as she finally knows what relief is truly

like. She enjoys it fully, and wants everyone to be able to have the same experience with optimal spinal health!

-Lynn and David M. (Southfield, MI)